

## **Great Path MP3 CDs: An Economical Way to Acquire Audio Teachings**

Many of our teaching sets are available on both regular CDs and MP3 formatted CDs. However, most audio CDs in the MP3 format sell at 50%-60% of the cost of our regular CDs. This is because, with MP3 audio CDs, there is less labor and production cost involved.

Many other dharma teachers, such as Dzigar Kongtrul Rinpoche (Pema Chödrön's teacher, and author of "It's Up To You" and "Light Comes Through") and Khandro Rinpoche (author of "This Precious Life"), provide audio teachings to their students in the MP3 format. It is a good, small investment to acquire an MP3 audio player or ipod for this purpose. If you own an ipod, you probably already know about this.

Our MP3 CDs contain condensed audio files. A typical seminar of seven talks on 14 regular CDs fits on just 1 MP3 CD. It's less expensive, easier for us to produce, and saves on shipping charges as well! The sound quality is quite good, especially for spoken word. MP3 audio CDs can be played on computers, ipods, CD/MP3 players, and some DVD players.

If you want something portable but don't have or want an ipod, you could acquire a portable CD player that also plays MP3 CDs from Best Buy, Target, Circuit City, Radio Shack or similar store for much less money than an ipod. These portable players come with headphones, and the headphone jacks also work with computer speakers. Adaptors are also available for other types of speakers and TVs.

If your car does not have an MP3 CD player, an adaptor can be purchased that would allow you to adapt your MP3 CD player to play over an FM radio frequency in your car. If your car has a cassette player installed, it is easy to find an inexpensive MP3 to audiocassette player adaptor. If you are interested, write us and we will help you find any of these on line if you cannot find help at your local audio and video appliance store.

